



Dr. Jennifer Pearlman

MD CCFP NCMP FAARM ABAARM CFA

Dr. Jennifer Pearlman is a healthcare visionary, entrepreneur, and an internationally recognized physician expert in women's health, longevity science, regenerative and aesthetic medicine.

Dr. Pearlman serves as Medical Director, Founder and CEO of [PearlMD Rejuvenation](https://www.pearlrejuvenation.com), where she leads a global practice and multidisciplinary team at the leading edge of Precision, Metabolic and Longevity Medicine, with a deep focus on Women's Health and Regenerative Aesthetic Medicine.

Dr. Pearlman is founding faculty and Director of Women's Health with the Geneva College of Longevity Science- offering the first master's certificate in Longevity Medicine. She serves as Scientific Director for the Global Longevity Summit, Global Ambassador & Scientific Board Member for the Aesthetic Multi-Specialty Society, Director Board member and Faculty of Canadian Board of Aesthetic Medicine (CBAM), and Faculty for leading medical congresses including IMCAS, AMWC, and A4M.



Dr. Pearlman is staff physician at Mount Sinai Hospital in Toronto where she helped to develop and lead the Menopause clinic, the largest of its kind in Canada, for over a decade. She is a certified menopause expert, a fellow and faculty of Functional and Regenerative Medicine (FAARM) by A4M and a recognized expert in women's health, mental health and cosmetic medicine. Dr. Pearlman continues to innovate as a clinician researcher and is committed to upholding the highest professional standards through her role as scientific director, clinical educator, peer-to-peer trainer, and medical legal expert.

Dr. Pearlman serves as Strategic Advisor to a Paris based investment bank helping to finance and commercialize the most innovative technologies and companies in regenerative medicine.

She is a health entrepreneur and innovator in the area of artificial intelligence, helping to pioneer the new era of AI-driven healthcare solutions.



Dr. Pearlman is licensed as a board-certified medical doctor in both Canada (Ontario) and the United States (Florida, New York). Dr. Pearlman practices from her flagship in Toronto, a seasonal lakeside clinic in Muskoka and a destination practice in Palm Beach, Florida and serves a global practice through advanced her virtual portal and a hub in Zurich where she offers advanced regenerative and cellular therapies.

"I believe aging well is a choice.

*With a comprehensive and caring approach, I help my patients age their best
achieving Ageless Vitality"*

As a sought-after speaker and media expert, Dr. Pearlman is commonly featured in various magazines, TV and radio shows and podcasts. She is committed to philanthropy and community and championing Women's issues having been recognized as Enterprising Woman of the Year (EY), Woman member of the Year (WPO), and as a Woman Leader by the French Chamber of Commerce of Canada (FCCCO). She is actively involved in many charitable causes and is a proud mom to her two sons, Charlie and James and her fur baby Izzy.



As the frontier of regenerative medicine advances, Dr. Pearlman leads her field as visionary and pioneer to help her patients live longer younger.

*"Health is so much more than the absence of sickness.
With a **proactive approach** we can change the arc of our aging to live longer better."*

Dr. Jennifer Pearlman, Healthcare visionary, Physician leader, Medical Innovator
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Dr. Jennifer Pearlman is Pioneering the Future of Aesthetic Medicine

The internationally recognized medical expert, director and owner of Pearl^{MD} Rejuvenation discusses the changing beauty landscape and how dedicated she is to not leave science behind.

For Dr. Jennifer Pearlman, beauty is more than skin deep. It's something that's holistic, governed by what happens on the inside and outside of the body. For the last 17 years, she's dedicated herself to helping people age well, harnessing the best science and techniques at her clinic, Pearl^{MD} Rejuvenation.

At Pearl^{MD}, she refers to the multitude of treatment options she offers as her "arsenal," in which each tool has its optimal use. Dr. Pearlman's approach is informed by the years she's dedicated to her field, ongoing training and her international

role as faculty and Global Ambassador for the Aesthetic Multi-Specialty Society, the largest group of cosmetic doctors in the world. Her international work keeps her first to know and able to operate at the leading edge of the most advanced treatments and emerging technologies.

"Like a carpenter knows not to reach for a screwdriver to hammer in a nail," Dr. Pearlman explains, similarly "we expertly weave together a plan using the right tools for the right person, in the right place at the right time." Customization is the key to the future. And for Dr. Pearlman and her team at Pearl^{MD} Rejuvenation, her approach to

delivering the utmost of customized cosmetic care is designed around four pillars of therapy.

The first pillar includes the many injectable or needle-based treatments that have revolutionized how we can proactively impact the way we look and age with minimal to no downtime and no scalpel. Treatments like Dysport® to relax wrinkles and Restylane® to sculpt facial contours and enhance features like the lips and eyes have become so widely adopted because of their phenomenal benefit and preventative effects. Not to mention the instant incision-less results. As Dr. Pearlman says, "In just 15 minutes, with simply a needle,

virtually no pain or downtime, I can transform you." Results can be dramatic or subtle — it's all in the personalization of her approach, which she prides herself in. Even millennials seek not only enhancement procedures, but are also now, according to Dr. Pearlman, "very much in the know that with tiny injections repeated throughout their late twenties and thirties, they can prevent aging before it even occurs. We call it *prejuvenation*."

The second pillar of her approach is the use of energy-based devices to treat the skin, face and body by harnessing lasers, light, heat (radiofrequency) and ultrasound, delivering cosmetic results in a minimally invasive way. "From the very first medical lasers used to correct vision and remove unwanted hair, we have come such a far way," enthuses Dr. Pearlman. "And with an eye into the inner circle of next-generation cosmetic technology, the future has me extremely optimistic that the best is yet to come."

The emerging field of regenerative medicine and therapies comprise her third pillar, and here, Pearl^{MD} Rejuvenation is a true innovator. With an expanding portfolio of regenerative treatments including enriched PRP, growth factors and stem cells, Dr. Pearlman is proud to be one of the first clinics in North America to offer autologous stem cell harvesting and cryopreservation. This means that a patient's own regenerative potential locked up in the stem cells associated with one's hair follicle can now be easily retrieved, harvested and stored for future therapeutic use. As Dr. Pearlman excitedly gushes, "We are now able to truly *future proof* our patients' health, aging and beauty by storing their youthful stem cells to address signs and diseases of aging down the road." So, whether stem cell therapy is offered for cosmetic use like treating hair loss and aging skin or to address future injuries and illness such as neurodegenerative diseases like Alzheimer's dementia, Dr. Pearlman is taking a long view when helping her patients age their best.

As a pioneer in her field, Dr. Pearlman has coined the idea of combination therapies with her first three pillars by connecting injectable traditional and regenerative therapies to the skin that is first bioactivated with a range of energy-based treatment. Customized bioactivated regenerative therapy is the next frontier of cosmetic care.

The final pillar key to her approach is using a more holistic approach to deliver precise and personalized care. Her Bespoke Beauty program is shaped by a patient's underlying genetics, hormones and nutrients, as well as one's anatomy, skin type and biological aging profile, all combined with a patient's expressed preferences, needs and goals. "Many of my patients lead busy lives, and as we return to social gatherings, and with the masks coming off, they once again have little to no tolerance for downtime," Dr. Pearlman has coined the concept of "custom, curated cosmetic care" to describe her approach. With her rare set of



As a pioneer in the future of aesthetic medicine, Dr. Pearlman works with patients to shape their health and prevent disease in a personal way. Through a deep understanding of hormonal, nutritional, metabolic and genetic footprints.

I AM IN AN UNRELENTING PURSUIT OF OPERATING AT THE HIGHEST STANDARD WITH THE BEST TOOLS, TECHNIQUES AND TECHNOLOGIES TO WORK WITH EACH PATIENT ONE BY ONE IN THE MOST PRECISE, PERSONALIZED AND SAFEST WAY

combined expertise in hormones, holistic health, aging and beauty, she is uniquely positioned to build a master plan.

To illustrate, Dr. Pearlman describes a common genetic trait she finds, detecting the susceptibility of collagen to breakage and degradation. Armed with this insight, her team will curate a treatment plan harnessing bio-stimulant collagen boosters like Sculptra®, a treatment offered to vastly improve skin appearance with results lasting for years combined with regular sessions of Restylane® Skinboosters®, involving mini-injections of hyaluronic acid to hydrate skin and skin-tightening treatments using RF devices. Patients always know that the lineup of devices at Pearl^{MD} Rejuvenation are not only the most advanced, but also the safest based on leading science and not fads.

As someone who believes you should "never leave your science behind," Dr. Pearlman prides herself on embracing the constant process of education, critically evaluating emerging and promising technologies and has in several cases been key to the development and approval of these technologies for the North American market. She is in constant pursuit of the key treatments and

technologies for which she can be first to market, with the best-in-class treatments delivered with the most comprehensive approach. "The future is getting personalized. And to deliver this type of care, we have to really know our patients."

With an understanding that "No one's anatomy matches the textbook precisely," Dr. Pearlman and her team go that extra mile to ensure treatment is tailor-made, having introduced real-time imaging and skin analytics to map out each patient's exact anatomy to deliver the safest and best results. "I am in an unrelenting pursuit of operating at the highest standard with the best tools, techniques and technologies to work with each patient one by one in the most precise, personalized and safest way."

Dr. Jennifer Pearlman and her team offer their expertise and services at her Toronto location and her two seasonal Muskoka locations located in the heart of Port Carling and dockside at the SWS Boardwalk Marina in Mines. With a state-of-the-art virtual care platform, Dr. Pearlman is equipped to care for patients any across the world, and she does.

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Dr. Jennifer Pearlman as featured in DOLCE magazine discussing the future Medicine.



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